

STEWART CHIROPRACTIC NEWS

Taking charge of your health!

DR KEVIN L. STEWART D.C. ♥ ADVANCED BACK & SPORTS INJURY CLINIC

CHIROPRACTIC OFFICE HOURS : Monday, Wednesday, Friday 9 AM - 5 PM
Tuesday & Thursday 9 AM - 1 PM Saturday By Appointment (209) 368-0619
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WHAT IS CHIROPRACTIC?



Chiropractic is a system of mechanical manipulation that releases blocked nerve impulses and restores

communication between the brain and the organs and tissue structures of the body. Every organ, every tissue of the body depends on the brain for maintenance and direction.

It is very important for the spinal nerves that carry the brain messages to the rest of the body to be free and clear and have no blocks or *subluxations*. The body has to be mechanically balanced. It is said that the profession of chiropractic started in 1895 when its founder D.D. Palmer found a "big bump" on his janitor's back. When he pushed on it, the bone moved and the janitor could hear again after 18 years of deafness.



Actually, some form of chiropractic can be found in almost all cultures and throughout history. There are records of the Egyptians using an instrument to move the "bones of the back and neck."

One time I gave an adjustment to a woman who had epilepsy and she had no more trouble after that. I have treated other cases of epilepsy that took over 2 years for a complete change to come about. One particular lady had 15 to 20 episodes per day. After I had worked with her for 2 years to stimulate the free flow of blood circulation and nerve supply throughout her body, she no longer had any epileptic spells. Her cure did not happen in 10 minutes or 2 minutes, but to many, her cure was still a miracle. What happened? It is one of those things we see when the nerve supply and blood supply are free flowing.



Chiropractors belong to the drugless arts and believe that the nervous system harmonizes all body functions, including defenses against disease. When the nervous system is impaired by any kind of pressure or blockage, it cannot perform properly, and resistance to disease is lowered. Modern science has validated this claim by observing a relationship between lymphocytes of several kinds and nerve ends in the body.

According to chiropractic, even a slight misalignment (sublimation) of a spinal vertebra can cause interference with the spinal cord

and nerves. The job of the chiropractor is to restore full nerve function by manipulating the misplaced vertebra, breaking down scar tissue, removing inflammation, or whatever other interference to the nerves there might be. Once the nerves are able to operate correctly, nature does the rest.

If you are looking for relief of your health related symptoms or if you are looking for long lasting health then it would be in your best interest to include chiropractic to help your reach those goals.



DR. KEVIN L. STEWART takes pride in the 10 years he has offered skilled chiropractic care to his clients. His commitment to his patients and their health keeps him abreast of the latest technologies as well as advances in patient care. In accordance with his commitment to patient comfort, satisfaction and convenience, Stewart Chiropractic is open 5 days a week and provides emergency care 24 hours a day, 7 days a week. In treatment programs, prescribed gentle adjustments, advanced techniques, modern diagnostic and therapeutic equipment are combined to attain optimum patient care.